



Shiatsu and Massage Policy

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Disclosure Form and Liability

Since shiatsu is a form of massage, soft tissue manipulation is necessary for therapy. Instructors of the Hakkoryu Shindokai Dojo or its Hakkoryu affiliates will be teaching the art of Japanese finger pressure. During the course of instruction, you may experience some tenderness at one or more tsubos (pressure points) during the course of the massage instruction. Please understand that this tenderness is the body's way of saying that there is a problem here. There are numerous reasons this phenomenon happens such as soft tissue ischemia, or a specific medical condition. In order to promote health, some of these tender points will be pressed to have a therapeutic effect. If at any time you feel uncomfortable with a certain spot and/or experience any side effects of the treatment, please let your work partner know or the supervising instructors immediately.

Your files and records will be kept for a period of no less than five years. If you have a medical condition, please disclose this information prior to the event. At no time will your medical condition be diagnosed or treated, but suggestions may be offered to you related to the scope of practice of massage therapy by the instructors.

Participant Signature

Date

Gregory Casey, LMT, PhD

Date